



PainScored

# THE PROMISE OF REMOTE MONITORING IN CHRONIC PAIN



Remote Patient Monitoring is a key component in the future of medical care. When the goal of patient care is improved quality of life, doctors need to measure how patients do between visits- in their real lives. This is particularly important in chronic disease such as pain management. With proper implementation, a practice can achieve major improvements in documentation, adherence, efficiency and revenue.

Pain Scored started as a way to digitize the pain diary. It evolved into much more- a system for improving care and practice metrics. Pain Scored helped practices achieve improvements in mood and aggregate well being ([www.painscored.com](http://www.painscored.com)) providing value to practices.

Shifting the documentation burden is a key component to patient empowerment. The more that patients participate in the process, the more they gain and the better the outcomes. The data helps with justifying prescriptions or interventional therapies. Its part of a virtuous cycle of improved care.

The platform assists in tracking patient reports of pain, opioid utilization, functional ability, and mental health. These standard assessments are critical cornerstones in the management of chronic pain. The platform is easily customizable to any medical practice—be it internal medicine, physical medicine and rehabilitation, neurology, or surgery.

***“Pain Scored is the future of medicine - moving away from fee for service and moving toward monthly oversight - made reimbursable thanks to you.”***

-K Carle, MD  
The Carle Center for Pain Management

Dr. Bryan Marascalchi, co-founder of Patient Premier and Pain Medicine faculty at the Johns Hopkins School of Medicine states, “Pain is a complex, multi-dimensional phenomenon that cuts across all medical specialties. Without RPM, a clinician’s data is limited to a few points in time—actual visits. What happens between those visits is a function of the patient’s recall and ability. RPM fills in the gaps, leading to better extrapolation of trends, analysis of patient needs, and treatment outcomes.”

While physicians have benefited greatly from embracing remote care, it can seem difficult at first. Pain Scored makes it easy. It helps streamline workflow. Reports are easy to pull up and documentation simple to perform. In this era of physical isolation, Pain Scored has only accelerated the inevitable trend and, like so much in healthcare, you don’t want to get left behind.

**2.1+ point\***  
Improvement  
in standardized  
depression scores.

**1.5+ point\***  
Improvement in pain,  
enjoyment of life and  
general activity scores.

\* In a study of engaged patients  
in a private practice clinic.

In office assessments can add 1-1.5 hours on average to a patient visit. Beyond time, it's an administrative burden for staff. Maintenance for equipment adds to concerns. Instead, Pain Scored is on a patient's device, made more convenient. By saving time from an office visit, you can increase patient visits and spend less time asking questions! Increased productivity is estimated to be 2-5 patient visits/day and 20% more efficient time with QHCP's (Qualified Health Care Providers).

Added revenue is a plus. CMS has incentivized the investments needed for all practices to adopt RPM by creating specific reimbursement codes. Unlike traditional complexity based codes, these time based codes require staff to attest to the time spent between office visits. When you add in codes for assessment of mood and behavioral risk, practices have had new opportunities to improve care. Payments of \$100 or more per patient/per month are possible depending on the clinical situation.

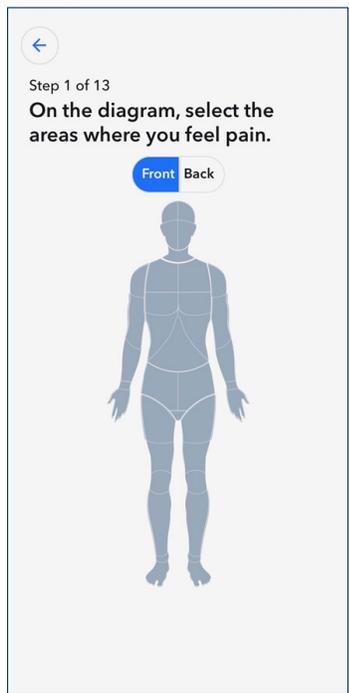
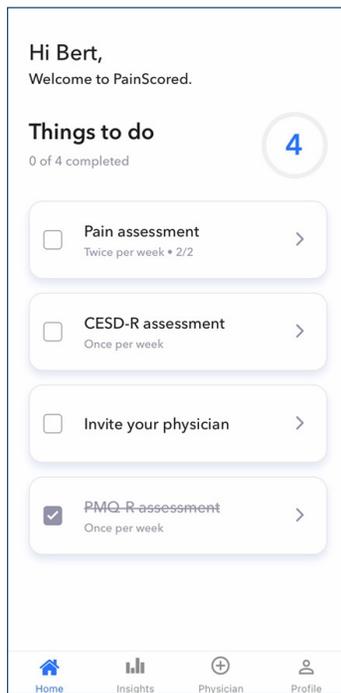
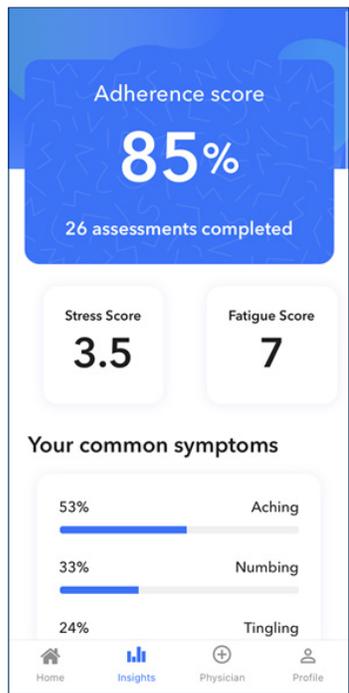
Recent efforts to criminalize pain medicine (request white paper at [www.painscored.com](http://www.painscored.com)) increase the need for documentation. Pain Scored fits into the risk management toolkit along with the pain contract or urine drug testing.

**Pain Scored Patient Application:**  
Validated assessments for pain, depression, cognition, and risk trended over time.

***“Pain Scored has helped our care team take care of more patients with less resources. We are now able to assess the benefits of therapy and interventions more frequently. We feel Pain Scored is helping us manage patients both in person and remotely. Reimbursement through insurers make Pain Scored an obvious solution.”***

-BK Navalgund, MD  
DNA Advanced Pain Treatment Center

Pain Scored is not just a tool but a revolutionary system of measuring quality of life. Isn't that what patients really need?



**CONTACT INFO**  
**PATIENT PREMIER, INC.**  
[www.painscored.com](http://www.painscored.com)  
[Sales@patientpremier.com](mailto:Sales@patientpremier.com)  
410-934-7862